



Kadernormen
Schleswig-Holstein
männlich

Für den Kader 2009/2010

| | | | | | | | | | | | | | |
|----------|-------|------|------|------|------|------|------|------|------|------|------|------|-------------|
| Strecken | Kader | SHSV | SHSV | SHSV | SHSV | SHSV | SHSV | SHSV | SHSV | SHSV | SHSV | SHSV | |
| | Jg. | E1 | E1 | E2 | E2 | D2 | D2 | D3 | D3 | D3 | D4 | D4 | Landeskader |
| | AK | 2001 | 2000 | 1999 | 1998 | 1997 | 1996 | 1995 | 1994 | 1993 | 1992 | 1991 | 1990 u.ä. |
| | | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | offen |

| Platzierung | NOP-Finale | 1.-6. Pl. | 1.-6. Pl. | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|-------------|---------------|-----------|-----------|--------------|--------------|---------------|---------------|---------------|---------------|---------------|----------|----------|----------|
| Mehrkampf | | --- | --- | 950 | 1200 | 1500 | 1900 | --- | --- | --- | --- | --- | --- |
| 50 | Freistil | --- | --- | --- | --- | --- | --- | --- | --- | 00:26,26 | 00:25,25 | 00:25,00 | 00:24,90 |
| 100 | Freistil | --- | --- | --- | --- | --- | --- | 01:01,25 | 00:59,00 | 00:57,26 | 00:55,55 | 00:55,00 | 00:54,60 |
| 200 | Freistil | --- | --- | --- | --- | --- | --- | 02:13,50 | 02:09,75 | 02:04,23 | 02:01,20 | 02:00,60 | 02:00,10 |
| 400 | Freistil | --- | --- | --- | --- | --- | --- | 04:41,00 | 04:32,25 | 04:26,64 | 04:18,25 | 04:15,50 | 04:13,70 |
| 800 | Freistil | --- | --- | --- | --- | --- | --- | 09:41,60 | 09:17,60 | 09:06,40 | 08:56,00 | 08:52,00 | 08:47,30 |
| 1500 | Freistil | --- | --- | --- | --- | --- | --- | 18:30,00 | 17:45,00 | 17:25,00 | 17:05,00 | 16:55,00 | 16:47,00 |
| 50 | Brust | --- | --- | --- | --- | --- | --- | --- | --- | 00:32,82 | 00:31,81 | 00:31,50 | 00:31,10 |
| 100 | Brust | --- | --- | --- | --- | --- | --- | 01:19,00 | 01:16,00 | 01:12,72 | 01:09,79 | 01:08,80 | 01:08,40 |
| 200 | Brust | --- | --- | --- | --- | --- | --- | 02:51,75 | 02:48,25 | 02:41,60 | 02:33,60 | 02:31,50 | 02:29,50 |
| 50 | Rücken | --- | --- | --- | --- | --- | --- | --- | --- | 00:30,50 | 00:29,79 | 00:29,00 | 00:28,20 |
| 100 | Rücken | --- | --- | --- | --- | --- | --- | 01:11,00 | 01:09,00 | 01:05,75 | 01:03,73 | 01:02,00 | 01:00,90 |
| 200 | Rücken | --- | --- | --- | --- | --- | --- | 02:31,25 | 02:29,00 | 02:20,39 | 02:17,36 | 02:14,50 | 02:12,00 |
| 50 | Schmetterling | --- | --- | --- | --- | --- | --- | --- | --- | 00:27,87 | 00:27,27 | 00:26,80 | 00:26,50 |
| 100 | Schmetterling | --- | --- | --- | --- | --- | --- | 01:09,50 | 01:06,75 | 01:02,72 | 01:00,60 | 00:59,50 | 00:58,80 |
| 200 | Schmetterling | --- | --- | --- | --- | --- | --- | 02:35,25 | 02:30,50 | 02:19,38 | 02:16,35 | 02:14,00 | 02:10,90 |
| 200 | Lagen | --- | --- | --- | --- | --- | --- | 02:32,50 | 02:27,25 | 02:21,40 | 02:18,37 | 02:16,00 | 02:14,70 |
| 400 | Lagen | --- | --- | --- | --- | --- | --- | 05:30,00 | 05:21,50 | 05:04,10 | 04:55,93 | 04:51,00 | 04:48,20 |
| | | NOP | NOP | LM Mehrkampf | LM Mehrkampf | NDM Mehrkampf | NDM Mehrkampf | Nordvergleich | Nordvergleich | Nordvergleich | JEM | JEM | Offen |

Hinweis: Für den D3-Kader ist eine Normerfüllung über 2 Strecken erforderlich
Eine Platzierung unter den ersten 10 bei der DM Freiwasser gilt ebenfalls als eine Normerfüllung.
Aber auch hier gilt für den D3-Kader, dass die Norm über 2 Strecken erfüllt sein muss.

Hinweis: Da der NOP erst im Herbst stattfindet, wird der E1-Kader im Dezember benannt. Alle anderen Kader werden wie bisher nach den Sommerferien berufen.
Alle Zeiten gelten für die 50m-Bahn, erzielt bei Meisterschaften von der Landesebene an aufwärts
oder bei renommierten internationalen Wettkämpfen ab dem 1. September 2008 mit elektronischer Zeitmessung.



Kadernormen

Schleswig-Holstein

weiblich

Für den Kader 2009/2010

| | | | | | | | | | | | |
|----------|-------|------------|------------|------------|------------|------------|------------|------------|------------|------------|---------------------|
| Strecken | Kader | SHSV E1 | SHSV E1 | SHSV E2 | SHSV D2 | SHSV D2 | SHSV D3 | SHSV D3 | SHSV D4 | SHSV D4 | SHSV Landeskader |
| | Jg. | 2001 | 2000 | 1999 | 1998 | 1997 | 1996 | 1995 | 1994 | 1993 | 1992 u.ä. |
| | AK | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | offen |

| Platzierung NOP-Finale | | 1.-6. Pl. | 1.-6. Pl. | --- | --- | --- | --- | --- | --- | --- | --- |
|------------------------|---------------|-----------|-----------|--------------|---------------|---------------|---------------|---------------|----------------------|----------|----------|
| Mehrkampf | | --- | --- | 1250 | 1700 | 2100 | --- | --- | --- | --- | --- |
| 50 | Freistil | --- | --- | --- | --- | --- | --- | 00:29,09 | 00:28,28 | 00:28,00 | 00:27,90 |
| 100 | Freistil | --- | --- | --- | --- | --- | 01:05,25 | 01:03,34 | 01:01,61 | 01:01,00 | 01:00,30 |
| 200 | Freistil | --- | --- | --- | --- | --- | 02:23,00 | 02:17,36 | 02:13,32 | 02:12,00 | 02:10,80 |
| 400 | Freistil | --- | --- | --- | --- | --- | 04:57,00 | 04:47,85 | 04:42,80 | 04:39,00 | 04:35,70 |
| 800 | Freistil | --- | --- | --- | --- | --- | 10:15,00 | 09:51,50 | 09:31,50 | 09:28,00 | 09:26,70 |
| 1500 | Freistil | --- | --- | --- | --- | --- | 19:56,60 | 19:11,60 | 18:34,12 | 18:30,00 | 18:25,60 |
| 50 | Brust | --- | --- | --- | --- | --- | --- | 00:36,86 | 00:36,36 | 00:36,00 | 00:35,10 |
| 100 | Brust | --- | --- | --- | --- | --- | 01:24,00 | 01:21,31 | 01:19,79 | 01:18,00 | 01:16,10 |
| 200 | Brust | --- | --- | --- | --- | --- | 03:00,25 | 02:53,72 | 02:49,68 | 02:46,50 | 02:43,90 |
| 50 | Rücken | --- | --- | --- | --- | --- | --- | 00:34,34 | 00:33,33 | 00:32,80 | 00:32,10 |
| 100 | Rücken | --- | --- | --- | --- | --- | 01:15,25 | 01:12,72 | 01:10,70 | 01:09,50 | 01:08,60 |
| 200 | Rücken | --- | --- | --- | --- | --- | 02:41,00 | 02:35,04 | 02:31,50 | 02:28,00 | 02:26,00 |
| 50 | Schmetterling | --- | --- | --- | --- | --- | --- | 00:31,21 | 00:30,81 | 00:30,50 | 00:30,00 |
| 100 | Schmetterling | --- | --- | --- | --- | --- | 01:15,00 | 01:10,70 | 01:08,68 | 01:07,50 | 01:06,30 |
| 200 | Schmetterling | --- | --- | --- | --- | --- | 02:45,00 | 02:35,54 | 02:31,50 | 02:28,00 | 02:25,70 |
| 200 | Lagen | --- | --- | --- | --- | --- | 02:41,25 | 02:37,55 | 02:32,51 | 02:30,50 | 02:29,00 |
| 400 | Lagen | --- | --- | --- | --- | --- | 05:52,50 | 05:37,32 | 05:23,20 | 05:18,00 | 05:14,90 |
| | | NOP | NOP | LM Mehrkampf | NDM Mehrkampf | NDM Mehrkampf | Nordvergleich | Nordvergleich | Nordvergleich JEM | JEM | Offen |

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 oder bei renommierten internationalen Wettkämpfen ab dem 1. September 2008 mit elektronischer Zeitmessung.