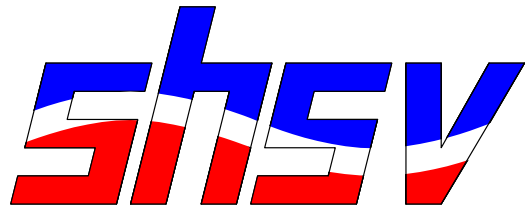


Schleswig-Holsteinischer Schwimmverband e.V.

Mitglied des Deutschen Schwimmverbandes, des Norddeutschen Schwimmverbandes und des Landessportverbandes Schleswig-Holstein.

Schwimmausschuss

nachrichtlich: Vorstand
alle Vereine per SHSV-Post



Fachwart Schwimmen

Erich Reschke

Lerchenweg 40, 25365 Klein Offenseth-Sparrieshoop

Tel.: 0178-628 23 37

Fax: 04121-57 81 11

E-Mail: schwimmen@shsv.de

Sparrieshoop, den 01.04.2024

Nominierungskriterien für den SHSV-Kader für die Saison 2024/2025

1. Generelle Hinweise

- a) Mit der Nominierung als SHSV-Kader legt der Verband den Kreis der Sportler fest, die in die Fördermaßnahmen des SHSV eingebunden werden sollen und wollen. Die Förderung der Kader bedeutet in erster Linie eine geplante und gezielte Hilfe der Kadermitglieder zum Erreichen gesetzter Ziele.
- b) Alle durch den Sportler und seinen verantwortlichen Trainer (Trainingsdokumentation in der mit dem Landestrainer abgestimmten Form, ausgenommen NOP-Kader) beizubringenden Unterlagen und Erklärungen sind bis spätestens 01. August 2024 per Mail beim Landestrainer einzureichen.

2. Allgemeine Nominierungskriterien

- a) Eine Voraussetzung für die Kaderberufung ist die die Erfüllung der vorgegebenen Normkriterien (siehe Anlage). Diese Normerfüllung muss in der laufenden Saison vom 01.09.2023 bis zum 31.08.2024 auf einer 50-Meter-Bahn nachgewiesen werden (ausgenommen NOP, AK 10 und Freiwasser).
- b) Normerfüllungen über Freiwasser-Strecken können nur in der **offenen** Klasse bei den **Deutschen Meisterschaften** erzielt werden.
- c) Für die Berufung als Landeskader (**AK10 und älter**) ist der Nachweis über die erfolgreiche Ausführung des NADA-E-Learning-Seminars im **Jahr 2024** erforderlich. Das Seminar ist **bis zum 31.08.2024** durchzuführen, eine Zusendung des Nachweises ist **NICHT** erforderlich. Weitere Hinweise finden sich in der Anlage.

3. Besondere Nominierungskriterien

Für den D3-Kader gilt:

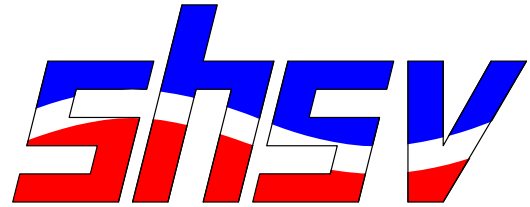
Für die Nominierung ist eine Normerfüllung über **2 olympische** Strecken erforderlich. Akzeptiert wird auch eine Normerfüllung über 1 olympische **und** 2 nicht-olympische Strecken.

Für den D4- und Landeskader gilt:

Für die Nominierung ist eine Normerfüllung über **1 olympische** Strecke erforderlich. Akzeptiert wird auch eine Normerfüllung über 2 nicht-olympische Strecken.

Schleswig-Holsteinischer Schwimmverband e.V.

Mitglied des Deutschen Schwimmverbandes, des Norddeutschen Schwimmverbandes
und des Landessportverbandes Schleswig-Holstein.

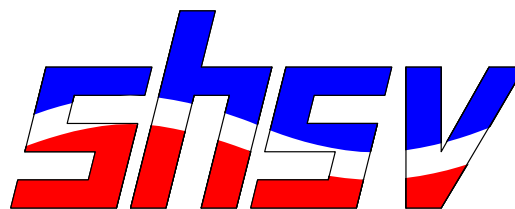


4. Hinweise zur AK 10, AK11 und AK 12

Der Landesvielseitigkeitstest (LVT) wird dezentral vom 01.09.2023 bis 31.12.2023 durchgeführt. Die verschiedenen Übungen können auch an verschiedenen Tagen durchgeführt werden. Die erzielten Ergebnisse sind nach vollständiger Durchführung der Übungen an den Landestrainer zu übermitteln.

Erich Reschke
Fachwart Schwimmen

Anlagen: Normkriterien für den SHSV-Kader der Saison 2024/2025
Infoblatt zum NADA-Online-Seminar
Rudolphtabelle AK10-14 für 2024



Fachwart Schwimmen

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Sparrieshoop, den 01.04.2024

Normkriterien für den SHSV-Kader der Saison 2024/2025

AK 8 und AK 9

Erreichen der Plätze 1 – 6 in der Gesamtwertung beim Nord-Ostsee-Pokal

AK 10

Teilnahme am Landesvielseitigkeitstest im Zeitraum vom 01.09.2023 – 31.12.2023

- Mindestpunktzahl: 50

Leistungsnachweis auf der 25m/50m Bahn auf zwei olympische Schwimmstrecken in beliebiger Schwimmart und Streckenlänge

- Mindestsumme durch Addition der Rudolphpunkte von beiden Strecken: 12

AK 11

Teilnahme am Landesvielseitigkeitstest im Zeitraum vom 01.09.2023 – 31.12.2023

- Mindestpunktzahl: 60

Leistungsnachweis auf der 50m Bahn durch Erreichen der Mindestpunktzahl an Rudolphpunkten (RP) in einem der nachfolgenden Kriterien

Kriterium A	Kriterium B	Kriterium C
100 m beliebiger Lage	400 m Freistil	800 oder 1500 m Freistil
200 m beliebiger Lage (nicht Lagen)	200 m Lagen	200 m Lagen
200 m Lagen		
Summe: 21 RP	Summe: 14 RP	Summe: 14 RP

AK 12

Teilnahme am Landesvielseitigkeitstest im Zeitraum vom 01.09.2023 – 31.12.2023

- Mindestpunktzahl: 60

Leistungsnachweis auf der 50m Bahn durch Erreichen der Mindestpunktzahl an Rudolphpunkten (RP) in einem der nachfolgenden Kriterien

Kriterium A	Kriterium B	Kriterium C
100 m beliebiger Lage	400 m Freistil	800 oder 1500 m Freistil
200 m beliebiger Lage (nicht Lagen)	200 m Lagen	200 m Lagen
200 m Lagen		
Summe: 21 RP	Summe: 14 RP	Summe: 14 RP

AK 13

Teilnahme am Landesvielseitigkeitstest im Zeitraum vom 01.09.2023 – 31.12.2023

- Mindestpunktzahl: 60

Leistungsnachweis auf der 50m Bahn durch Erreichen der Mindestpunktzahl an Rudolphpunkten (RP) in einem der nachfolgenden Kriterien an **einem (!) beliebigen Wettkampfwochenende**

Kriterium A	Kriterium B	Kriterium C	Kriterium D
50 m beliebige Lage	100 m beliebige Lage	200 m Lagen	400 m Freistil
100 m beliebige Lage	200 m beliebige Lage	400 m Lagen	800 oder 1500 m Freistil
200 m Lagen			
Summe: 24 RP	Summe: 18 RP	Summe: 18 RP	Summe: 18 RP

!!! - Eine Addition von Leistungen, die an **unterschiedlichen Wochenenden** erzielt wurden, ist nicht zulässig.

Es können aber Leistungen von **verschiedenen Veranstaltungen** addiert werden, die **an einem Wochenende** liegen.

Normkriterien weiblich ab AK14
für die Saison 2024/2025



Strecke	Kader	D3	D4	D4	LK
	Jahrgang	2010	2009	2008	2007 u.ä.
	AK	14	15	16	offen
50	Freistil	00:29,37	00:28,84	00:28,67	00:27,83
100	Freistil	01:03,48	01:02,43	01:02,28	01:00,63
200	Freistil	02:17,44	02:15,37	02:14,19	02:11,41
400	Freistil	04:50,36	04:45,79	04:43,07	04:36,19
800	Freistil	09:55,71	09:31,50	09:28,00	09:26,22
1500	Freistil	19:19,11	18:34,12	18:30,00	18:01,00
50	Brust	00:36,78	00:36,18	00:35,86	00:34,69
100	Brust	01:20,28	01:18,52	01:18,02	01:15,76
200	Brust	02:53,20	02:49,83	02:47,65	02:42,96
50	Rücken	00:33,24	00:32,74	00:32,55	00:31,53
100	Rücken	01:11,21	01:10,27	01:09,85	01:07,66
200	Rücken	02:33,64	02:30,79	02:29,71	02:25,60
50	Schmetterling	00:31,32	00:30,53	00:30,21	00:29,31
100	Schmetterling	01:08,71	01:07,86	01:07,20	01:05,20
200	Schmetterling	02:32,85	02:30,36	02:28,84	02:24,61
200	Lagen	02:35,50	02:32,79	02:31,61	02:28,88
400	Lagen	05:30,29	05:25,74	05:21,46	05:15,50
5 km	Freiwasser	mindestens Platz 20 in der offenen Klasse DM und maximal 5 Minuten hinter Platz 1			
10 km	Freiwasser	---	---	mindestens Platz 10 in der offenen Klasse DM und maximal 10 Minuten hinter Platz 1	
nicht-olympische Strecken					

Normkriterien männlich ab AK 14
für die Saison 2024/2025



Strecke	Kader	D3	D3	D3	D4	D4	LK
	Jahrgang	2010	2009	2008	2007	2006	2005 u.ä.
	AK	14	15	16	17	18	offen
50	Freistil	00:27,24	00:26,47	00:26,07	00:25,72	00:25,37	00:24,67
100	Freistil	00:59,54	00:57,96	00:57,15	00:56,36	00:55,60	00:54,30
200	Freistil	02:10,76	02:06,55	02:04,89	02:03,68	02:02,03	01:58,93
400	Freistil	04:39,06	04:30,26	04:25,32	04:22,38	04:19,27	04:11,80
800	Freistil	09:40,63	09:17,60	09:06,40	08:56,00	08:52,00	08:43,12
1500	Freistil	18:25,35	17:45,00	17:25,00	17:05,00	16:55,00	16:36,46
50	Brust	00:33,90	00:33,15	00:32,79	00:32,10	00:31,64	00:30,43
100	Brust	01:14,32	01:12,68	01:11,49	01:10,57	01:09,31	01:06,89
200	Brust	02:41,82	02:38,86	02:35,00	02:32,07	02:30,30	02:26,24
50	Rücken	00:31,18	00:30,23	00:29,60	00:29,00	00:28,74	00:27,88
100	Rücken	01:06,96	01:05,15	01:03,68	01:02,56	01:02,12	01:00,21
200	Rücken	02:25,66	02:21,76	02:19,04	02:17,18	02:15,61	02:11,79
50	Schmetterling	00:29,00	00:28,28	00:27,74	00:27,38	00:27,05	00:26,17
100	Schmetterling	01:04,61	01:02,24	01:01,17	01:00,82	00:59,76	00:57,99
200	Schmetterling	02:24,73	02:20,03	02:17,56	02:15,39	02:14,16	02:10,83
200	Lagen	02:27,18	02:22,52	02:20,99	02:18,97	02:16,84	02:13,44
400	Lagen	05:13,73	05:05,91	04:59,62	04:55,69	04:53,29	04:46,48
5 km	Freiwasser	mindestens Platz 20 in der offenen Klasse bei der DM und maximal 5 Minuten hinter Platz 1					
10 km	Freiwasser	---	---	mindestens Platz 10 in der offenen Klasse DM und maximal 10 Minuten hinter Platz 1			
	nicht-olympische Strecken						

Du findest unser e-Learning in der Lern-App chunkx.

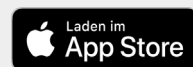


Auf dieser Seite stellen wir dir alle wichtigen Infos zum GEMEINSAM GEGEN DOPING e-Learning kurz und kompakt zusammen.

Herunterladen, registrieren, abonnieren, los geht's!

1.

Lade dir die chunkx-App auf dein Smartphone. Alternativ kannst du dich auch am Laptop registrieren unter:
<https://account.chunkx.de/ggd/register>



2.

Öffne in der App die GEMEINSAM GEGEN DOPING-Akademie. Bevor du unsere Lerninhalte bearbeiten kannst, werden folgende Infos von dir abgefragt: Funktion (Athlet*in, Trainer*in...), Kader, Sportart und Bundesland.

Achte besonders darauf, dass du deine Daten korrekt angibst, wenn du das e-Learning als Nachweis gegenüber deinem Sportverband benötigst.



3.

Die GEMEINSAM GEGEN DOPING-Akademie ist der Ort unserer Lerninhalte. Dort findest du z.B. den Anti-Doping Basics-Kanal für alle wichtigen und wissenswerten Inhalte zum Thema Anti-Doping und Fair Play.

Wusstest du schon?

Das Lernziel des Kanals zeigt dir, in welchem Zeitraum du unsere Aufgaben bearbeitet bzw. gelöst haben musst. Die Information zum Lernziel findest du in deinem Profilbereich. Lernziel erreicht? Super! Du bekommst eine Bestätigung per Mail, die dir das Absolvieren des e-Learnings bestätigt. Alle Lerninhalte eines Kanals kannst du auch nach Erreichen des Lernziels weiter anschauen und bearbeiten.

Tipp:

Du musst die Aufgaben nicht alle an einem Stück bearbeiten. Schau dir unsere Inhalte lieber immer mal wieder ein paar Minuten an. Da dein Fortschritt gespeichert wird, kannst du dir deine Zeit flexibel einteilen. -> **Jetzt loslegen!**



?

www.gemeinsam-gegen-doping.de/e-learning
Schreib' uns eine Mail: praevention@nada.de

Punktabelle männlich, Altersklasse 10

Strecke Punkte	Freestyle						Breaststroke			Butterfly			Backstroke			Medley		Pkt.
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	200	400	
20	00:29,27	01:05,64	02:21,44	04:55,34	10:27,53	19:45,98	00:37,70	01:23,05	02:58,25	00:32,09	01:13,04	02:53,86	00:33,99	01:14,08	02:39,37	02:40,01	05:42,04	20
19	00:29,73	01:06,65	02:23,62	04:59,90	10:37,24	20:04,32	00:38,29	01:24,34	03:01,00	00:32,58	01:14,17	02:56,55	00:34,51	01:15,22	02:41,84	02:42,49	05:47,33	19
18	00:30,18	01:07,67	02:25,81	05:04,47	10:46,94	20:22,66	00:38,87	01:25,62	03:03,76	00:33,08	01:15,30	02:59,24	00:35,04	01:16,37	02:44,30	02:44,96	05:52,62	18
17	00:30,63	01:08,69	02:28,00	05:09,04	10:56,64	20:41,00	00:39,45	01:26,90	03:06,52	00:33,58	01:16,43	03:01,93	00:35,57	01:17,52	02:46,76	02:47,43	05:57,91	17
16	00:31,09	01:09,70	02:30,18	05:13,60	11:06,35	20:59,34	00:40,04	01:28,19	03:09,27	00:34,07	01:17,56	03:04,62	00:36,09	01:18,66	02:49,23	02:49,91	06:03,20	16
15	00:31,54	01:10,72	02:32,37	05:18,17	11:16,05	21:17,68	00:40,62	01:29,47	03:12,03	00:34,57	01:18,69	03:07,31	00:36,62	01:19,81	02:51,69	02:52,38	06:08,49	15
14	00:31,99	01:11,73	02:34,56	05:22,74	11:25,76	21:36,02	00:41,20	01:30,76	03:14,79	00:35,06	01:19,82	03:09,99	00:37,14	01:20,95	02:54,16	02:54,86	06:13,78	14
13	00:32,44	01:12,75	02:36,75	05:27,31	11:35,46	21:54,36	00:41,79	01:32,04	03:17,54	00:35,56	01:20,95	03:12,68	00:37,67	01:22,10	02:56,62	02:57,33	06:19,07	13
12	00:32,90	01:13,76	02:38,93	05:31,87	11:45,16	22:12,70	00:42,37	01:33,33	03:20,30	00:36,06	01:22,08	03:15,37	00:38,19	01:23,24	02:59,09	02:59,81	06:24,36	12
11	00:33,35	01:14,78	02:41,12	05:36,44	11:54,87	22:31,04	00:42,95	01:34,61	03:23,05	00:36,55	01:23,21	03:18,06	00:38,72	01:24,39	03:01,55	03:02,28	06:29,65	11
10	00:33,80	01:15,79	02:43,31	05:41,01	12:04,57	22:49,38	00:43,53	01:35,89	03:25,81	00:37,05	01:24,34	03:20,75	00:39,24	01:25,53	03:04,02	03:04,76	06:34,93	10
9	00:34,25	01:16,81	02:45,49	05:45,57	12:14,28	23:07,72	00:44,12	01:37,18	03:28,57	00:37,55	01:25,47	03:23,44	00:39,77	01:26,68	03:06,48	03:07,23	06:40,22	9
8	00:34,71	01:17,82	02:47,68	05:50,14	12:23,98	23:26,06	00:44,70	01:38,46	03:31,32	00:38,04	01:26,59	03:26,13	00:40,30	01:27,83	03:08,94	03:09,70	06:45,51	8
7	00:35,16	01:18,84	02:49,87	05:54,71	12:33,69	23:44,40	00:45,28	01:39,75	03:34,08	00:38,54	01:27,72	03:28,81	00:40,82	01:28,97	03:11,41	03:12,18	06:50,80	7
6	00:35,61	01:19,85	02:52,06	05:59,27	12:43,39	24:02,74	00:45,87	01:41,03	03:36,84	00:39,03	01:28,85	03:31,50	00:41,35	01:30,12	03:13,87	03:14,65	06:56,09	6
5	00:36,07	01:20,87	02:54,24	06:03,84	12:53,09	24:21,08	00:46,45	01:42,32	03:39,59	00:39,53	01:29,98	03:34,19	00:41,87	01:31,26	03:16,34	03:17,13	07:01,38	5
4	00:36,52	01:21,88	02:56,43	06:08,41	13:02,80	24:39,42	00:47,03	01:43,60	03:42,35	00:40,03	01:31,11	03:36,88	00:42,40	01:32,41	03:18,80	03:19,60	07:06,67	4
3	00:36,97	01:22,90	02:58,62	06:12,98	13:12,50	24:57,76	00:47,62	01:44,88	03:45,11	00:40,52	01:32,24	03:39,57	00:42,92	01:33,55	03:21,27	03:22,08	07:11,96	3
2	00:37,42	01:23,91	03:00,80	06:17,54	13:22,21	25:16,10	00:48,20	01:46,17	03:47,86	00:41,02	01:33,37	03:42,26	00:43,45	01:34,70	03:23,73	03:24,55	07:17,25	2
1	00:37,88	01:24,93	03:02,99	06:22,11	13:31,91	25:34,44	00:48,78	01:47,45	03:50,62	00:41,52	01:34,50	03:44,95	00:43,98	01:35,84	03:26,20	03:27,02	07:22,54	1

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(Basis 2023)

Punktabelle männlich, Altersklasse 11

Strecke Punkte	Freestyle						Breaststroke			Butterfly			Backstroke			Medley		Pkt.
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	200	400	
20	00:27,51	01:00,16	02:13,09	04:38,39	09:42,56	18:23,86	00:34,90	01:17,06	02:45,95	00:29,49	01:07,04	02:31,16	00:31,51	01:09,05	02:28,50	02:28,16	05:17,33	20
19	00:27,93	01:01,09	02:15,15	04:42,70	09:51,57	18:40,93	00:35,44	01:18,25	02:48,51	00:29,94	01:08,07	02:33,50	00:31,99	01:10,12	02:30,79	02:30,45	05:22,23	19
18	00:28,36	01:02,02	02:17,21	04:47,00	10:00,58	18:58,00	00:35,98	01:19,44	02:51,08	00:30,40	01:09,11	02:35,84	00:32,48	01:11,19	02:33,09	02:32,74	05:27,14	18
17	00:28,79	01:02,95	02:19,27	04:51,30	10:09,59	19:15,07	00:36,52	01:20,63	02:53,65	00:30,86	01:10,15	02:38,18	00:32,97	01:12,26	02:35,39	02:35,03	05:32,05	17
16	00:29,21	01:03,88	02:21,33	04:55,61	10:18,60	19:32,14	00:37,06	01:21,82	02:56,21	00:31,31	01:11,18	02:40,52	00:33,45	01:13,33	02:37,68	02:37,32	05:36,95	16
15	00:29,64	01:04,81	02:23,38	04:59,91	10:27,61	19:49,21	00:37,60	01:23,01	02:58,78	00:31,77	01:12,22	02:42,85	00:33,94	01:14,39	02:39,98	02:39,61	05:41,86	15
14	00:30,06	01:05,74	02:25,44	05:04,22	10:36,61	20:06,28	00:38,14	01:24,21	03:01,34	00:32,22	01:13,26	02:45,19	00:34,43	01:15,46	02:42,28	02:41,90	05:46,77	14
13	00:30,49	01:06,67	02:27,50	05:08,52	10:45,62	20:23,35	00:38,68	01:25,40	03:03,91	00:32,68	01:14,29	02:47,53	00:34,92	01:16,53	02:44,57	02:44,20	05:51,68	13
12	00:30,91	01:07,60	02:29,56	05:12,83	10:54,63	20:40,42	00:39,22	01:26,59	03:06,48	00:33,14	01:15,33	02:49,87	00:35,40	01:17,60	02:46,87	02:46,49	05:56,58	12
11	00:31,34	01:08,53	02:31,62	05:17,13	11:03,64	20:57,49	00:39,76	01:27,78	03:09,04	00:33,59	01:16,37	02:52,20	00:35,89	01:18,66	02:49,16	02:48,78	06:01,49	11
10	00:31,76	01:09,46	02:33,68	05:21,44	11:12,65	21:14,56	00:40,30	01:28,97	03:11,61	00:34,05	01:17,40	02:54,54	00:36,38	01:19,73	02:51,46	02:51,07	06:06,40	10
9	00:32,19	01:10,39	02:35,73	05:25,74	11:21,66	21:31,63	00:40,84	01:30,16	03:14,18	00:34,50	01:18,44	02:56,88	00:36,86	01:20,80	02:53,76	02:53,36	06:11,30	9
8	00:32,61	01:11,32	02:37,79	05:30,05	11:30,67	21:48,70	00:41,38	01:31,36	03:16,74	00:34,96	01:19,48	02:59,22	00:37,35	01:21,87	02:56,05	02:55,65	06:16,21	8
7	00:33,04	01:12,25	02:39,85	05:34,35	11:39,68	22:05,77	00:41,92	01:32,55	03:19,31	00:35,42	01:20,51	03:01,55	00:37,84	01:22,94	02:58,35	02:57,94	06:21,12	7
6	00:33,46	01:13,18	02:41,91	05:38,66	11:48,68	22:22,84	00:42,46	01:33,74	03:21,87	00:35,87	01:21,55	03:03,89	00:38,33	01:24,00	03:00,65	03:00,23	06:26,03	6
5	00:33,89	01:14,11	02:43,97	05:42,97	11:57,69	22:39,91	00:43,00	01:34,93	03:24,44	00:36,33	01:22,59	03:06,23	00:38,81	01:25,07	03:02,94	03:02,52	06:30,93	5
4	00:34,32	01:15,04	02:46,02	05:47,27	12:06,70	22:56,98	00:43,54	01:36,12	03:27,01	00:36,78	01:23,62	03:08,57	00:39,30	01:26,14	03:05,24	03:04,82	06:35,84	4
3	00:34,74	01:15,97	02:48,08	05:51,58	12:15,71	23:14,05	00:44,08	01:37,31	03:29,57	00:37,24	01:24,66	03:10,90	00:39,79	01:27,21	03:07,54	03:07,11	06:40,75	3
2	00:35,17	01:16,90	02:50,14	05:55,88	12:24,72	23:31,12	00:44,62	01:38,51	03:32,14	00:37,70	01:25,70	03:13,24	00:40,28	01:28,28	03:09,83	03:09,40	06:45,65	2
1	00:35,59	01:17,84	02:52,20	06:00,18	12:33,73	23:48,19	00:45,15	01:39,70	03:34,71	00:38,15	01:26,73	03:15,58	00:40,76	01:29,34	03:12,13	03:11,69	06:50,56	1

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Punktabelle männlich, Altersklasse 12

Strecke Punkte	Freestyle						Breaststroke			Butterfly			Backstroke			Medley		Pkt.
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	200	400	
20	00:25,71	00:56,18	02:04,59	04:18,16	09:12,90	17:27,03	00:32,38	01:10,98	02:33,65	00:27,42	01:02,05	02:19,64	00:29,38	01:03,75	02:18,05	02:18,62	04:56,37	20
19	00:26,11	00:57,05	02:06,51	04:22,15	09:21,45	17:43,22	00:32,88	01:12,08	02:36,02	00:27,85	01:03,01	02:21,80	00:29,84	01:04,73	02:20,19	02:20,77	05:00,96	19
18	00:26,51	00:57,92	02:08,44	04:26,14	09:30,00	17:59,41	00:33,38	01:13,18	02:38,40	00:28,27	01:03,97	02:23,96	00:30,29	01:05,72	02:22,32	02:22,91	05:05,54	18
17	00:26,91	00:58,79	02:10,37	04:30,13	09:38,55	18:15,60	00:33,88	01:14,28	02:40,78	00:28,69	01:04,93	02:26,12	00:30,74	01:06,71	02:24,45	02:25,05	05:10,12	17
16	00:27,31	00:59,66	02:12,29	04:34,12	09:47,10	18:31,79	00:34,38	01:15,38	02:43,15	00:29,12	01:05,89	02:28,28	00:31,20	01:07,69	02:26,59	02:27,20	05:14,71	16
15	00:27,70	01:00,53	02:14,22	04:38,12	09:55,65	18:47,98	00:34,88	01:16,47	02:45,53	00:29,54	01:06,85	02:30,44	00:31,65	01:08,68	02:28,72	02:29,34	05:19,29	15
14	00:28,10	01:01,40	02:16,15	04:42,11	10:04,20	19:04,17	00:35,38	01:17,57	02:47,90	00:29,97	01:07,81	02:32,60	00:32,11	01:09,66	02:30,86	02:31,48	05:23,87	14
13	00:28,50	01:02,26	02:18,07	04:46,10	10:12,75	19:20,37	00:35,88	01:18,67	02:50,28	00:30,39	01:08,77	02:34,76	00:32,56	01:10,65	02:32,99	02:33,63	05:28,46	13
12	00:28,90	01:03,13	02:20,00	04:50,09	10:21,30	19:36,56	00:36,38	01:19,77	02:52,66	00:30,81	01:09,73	02:36,92	00:33,02	01:11,63	02:35,13	02:35,77	05:33,04	12
11	00:29,29	01:04,00	02:21,93	04:54,08	10:29,85	19:52,75	00:36,88	01:20,86	02:55,03	00:31,24	01:10,69	02:39,08	00:33,47	01:12,62	02:37,26	02:37,92	05:37,62	11
10	00:29,69	01:04,87	02:23,85	04:58,08	10:38,40	20:08,94	00:37,39	01:21,96	02:57,41	00:31,66	01:11,65	02:41,24	00:33,92	01:13,61	02:39,40	02:40,06	05:42,20	10
9	00:30,09	01:05,74	02:25,78	05:02,07	10:46,95	20:25,13	00:37,89	01:23,06	02:59,78	00:32,09	01:12,61	02:43,39	00:34,38	01:14,59	02:41,53	02:42,20	05:46,79	9
8	00:30,49	01:06,61	02:27,71	05:06,06	10:55,50	20:41,32	00:38,39	01:24,16	03:02,16	00:32,51	01:13,57	02:45,55	00:34,83	01:15,58	02:43,67	02:44,35	05:51,37	8
7	00:30,88	01:07,48	02:29,63	05:10,05	11:04,05	20:57,51	00:38,89	01:25,25	03:04,54	00:32,93	01:14,53	02:47,71	00:35,29	01:16,56	02:45,80	02:46,49	05:55,95	7
6	00:31,28	01:08,35	02:31,56	05:14,05	11:12,60	21:13,70	00:39,39	01:26,35	03:06,91	00:33,36	01:15,48	02:49,87	00:35,74	01:17,55	02:47,94	02:48,63	06:00,54	6
5	00:31,68	01:09,21	02:33,49	05:18,04	11:21,15	21:29,89	00:39,89	01:27,45	03:09,29	00:33,78	01:16,44	02:52,03	00:36,20	01:18,54	02:50,07	02:50,78	06:05,12	5
4	00:32,08	01:10,08	02:35,41	05:22,03	11:29,70	21:46,09	00:40,39	01:28,55	03:11,66	00:34,21	01:17,40	02:54,19	00:36,65	01:19,52	02:52,21	02:52,92	06:09,70	4
3	00:32,47	01:10,95	02:37,34	05:26,02	11:38,25	22:02,28	00:40,89	01:29,65	03:14,04	00:34,63	01:18,36	02:56,35	00:37,11	01:20,51	02:54,34	02:55,06	06:14,29	3
2	00:32,87	01:11,82	02:39,27	05:30,01	11:46,80	22:18,47	00:41,39	01:30,74	03:16,42	00:35,05	01:19,32	02:58,51	00:37,56	01:21,49	02:56,48	02:57,21	06:18,87	2
1	00:33,27	01:12,69	02:41,19	05:34,01	11:55,35	22:34,66	00:41,89	01:31,84	03:18,79	00:35,48	01:20,28	03:00,67	00:38,01	01:22,48	02:58,61	02:59,35	06:23,45	1

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Punktabelle männlich, Altersklasse 13

Strecke Punkte	Freestyle						Breaststroke			Butterfly			Backstroke			Medley		Pkt.
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	200	400	
20	00:24,36	00:53,43	01:57,27	04:08,91	08:42,41	16:29,53	00:30,55	01:06,72	02:25,46	00:26,00	00:57,96	02:10,00	00:28,00	01:00,12	02:11,14	02:11,24	04:39,61	20
19	00:24,73	00:54,25	01:59,09	04:12,76	08:50,49	16:44,83	00:31,02	01:07,75	02:27,71	00:26,40	00:58,85	02:12,01	00:28,44	01:01,05	02:13,17	02:13,27	04:43,94	19
18	00:25,11	00:55,08	02:00,90	04:16,61	08:58,57	17:00,13	00:31,49	01:08,78	02:29,96	00:26,80	00:59,75	02:14,02	00:28,87	01:01,98	02:15,20	02:15,30	04:48,26	18
17	00:25,49	00:55,91	02:02,71	04:20,46	09:06,65	17:15,43	00:31,96	01:09,81	02:32,21	00:27,20	01:00,65	02:16,03	00:29,30	01:02,91	02:17,23	02:17,33	04:52,58	17
16	00:25,86	00:56,73	02:04,53	04:24,31	09:14,73	17:30,73	00:32,43	01:10,84	02:34,46	00:27,60	01:01,54	02:18,04	00:29,74	01:03,84	02:19,26	02:19,36	04:56,91	16
15	00:26,24	00:57,56	02:06,34	04:28,16	09:22,81	17:46,04	00:32,91	01:11,88	02:36,71	00:28,01	01:02,44	02:20,05	00:30,17	01:04,77	02:21,28	02:21,39	05:01,23	15
14	00:26,62	00:58,38	02:08,15	04:32,01	09:30,88	18:01,34	00:33,38	01:12,91	02:38,96	00:28,41	01:03,33	02:22,06	00:30,60	01:05,70	02:23,31	02:23,42	05:05,56	14
13	00:26,99	00:59,21	02:09,97	04:35,86	09:38,96	18:16,64	00:33,85	01:13,94	02:41,21	00:28,81	01:04,23	02:24,07	00:31,04	01:06,63	02:25,34	02:25,45	05:09,88	13
12	00:27,37	01:00,04	02:11,78	04:39,70	09:47,04	18:31,94	00:34,32	01:14,97	02:43,46	00:29,21	01:05,13	02:26,08	00:31,47	01:07,56	02:27,37	02:27,48	05:14,20	12
11	00:27,75	01:00,86	02:13,59	04:43,55	09:55,12	18:47,24	00:34,80	01:16,00	02:45,71	00:29,61	01:06,02	02:28,09	00:31,90	01:08,49	02:29,40	02:29,51	05:18,53	11
10	00:28,12	01:01,69	02:15,41	04:47,40	10:03,20	19:02,55	00:35,27	01:17,03	02:47,96	00:30,02	01:06,92	02:30,10	00:32,33	01:09,42	02:31,42	02:31,54	05:22,85	10
9	00:28,50	01:02,52	02:17,22	04:51,25	10:11,28	19:17,85	00:35,74	01:18,07	02:50,20	00:30,42	01:07,82	02:32,11	00:32,77	01:10,35	02:33,45	02:33,57	05:27,18	9
8	00:28,88	01:03,34	02:19,03	04:55,10	10:19,36	19:33,15	00:36,21	01:19,10	02:52,45	00:30,82	01:08,71	02:34,12	00:33,20	01:11,28	02:35,48	02:35,59	05:31,50	8
7	00:29,25	01:04,17	02:20,85	04:58,95	10:27,43	19:48,45	00:36,69	01:20,13	02:54,70	00:31,22	01:09,61	02:36,13	00:33,63	01:12,21	02:37,51	02:37,62	05:35,82	7
6	00:29,63	01:04,99	02:22,66	05:02,80	10:35,51	20:03,75	00:37,16	01:21,16	02:56,95	00:31,62	01:10,51	02:38,14	00:34,07	01:13,14	02:39,54	02:39,65	05:40,15	6
5	00:30,01	01:05,82	02:24,48	05:06,65	10:43,59	20:19,06	00:37,63	01:22,19	02:59,20	00:32,03	01:11,40	02:40,15	00:34,50	01:14,07	02:41,56	02:41,68	05:44,47	5
4	00:30,38	01:06,65	02:26,29	05:10,50	10:51,67	20:34,36	00:38,10	01:23,22	03:01,45	00:32,43	01:12,30	02:42,16	00:34,93	01:15,00	02:43,59	02:43,71	05:48,79	4
3	00:30,76	01:07,47	02:28,10	05:14,35	10:59,75	20:49,66	00:38,58	01:24,26	03:03,70	00:32,83	01:13,19	02:44,17	00:35,37	01:15,93	02:45,62	02:45,74	05:53,12	3
2	00:31,14	01:08,30	02:29,92	05:18,20	11:07,83	21:04,96	00:39,05	01:25,29	03:05,95	00:33,23	01:14,09	02:46,18	00:35,80	01:16,86	02:47,65	02:47,77	05:57,44	2
1	00:31,51	01:09,13	02:31,73	05:22,05	11:15,91	21:20,26	00:39,52	01:26,32	03:08,20	00:33,63	01:14,99	02:48,20	00:36,23	01:17,78	02:49,68	02:49,80	06:01,77	1

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Punkttabelle weiblich, Altersklasse 10⁵

Strecke Punkte	Freestyle						Breaststroke			Butterfly			Backstroke			Medley		Pkt
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	200	400	
20	00:29,54	01:05,78	02:23,22	05:01,41	10:26,78	20:51,30	00:37,44	01:22,21	02:57,00	00:31,98	01:13,13	02:50,31	00:34,20	01:14,61	02:42,07	02:42,02	05:39,48	20
19	00:29,99	01:06,79	02:25,44	05:06,07	10:36,47	21:10,65	00:38,02	01:23,48	02:59,73	00:32,48	01:14,26	02:52,95	00:34,73	01:15,77	02:44,57	02:44,52	05:44,73	19
18	00:30,45	01:07,81	02:27,65	05:10,73	10:46,16	21:30,00	00:38,60	01:24,75	03:02,47	00:32,97	01:15,39	02:55,58	00:35,26	01:16,92	02:47,08	02:47,03	05:49,98	18
17	00:30,91	01:08,83	02:29,86	05:15,39	10:55,85	21:49,35	00:39,18	01:26,02	03:05,21	00:33,46	01:16,52	02:58,21	00:35,79	01:18,07	02:49,59	02:49,54	05:55,23	17
16	00:31,36	01:09,84	02:32,08	05:20,05	11:05,54	22:08,70	00:39,76	01:27,29	03:07,94	00:33,96	01:17,65	03:00,85	00:36,32	01:19,23	02:52,09	02:52,04	06:00,48	16
15	00:31,82	01:10,86	02:34,29	05:24,71	11:15,24	22:28,05	00:40,34	01:28,56	03:10,68	00:34,45	01:18,78	03:03,48	00:36,85	01:20,38	02:54,60	02:54,55	06:05,73	15
14	00:32,28	01:11,88	02:36,51	05:29,37	11:24,93	22:47,40	00:40,92	01:29,84	03:13,42	00:34,95	01:19,91	03:06,11	00:37,38	01:21,54	02:57,10	02:57,05	06:10,98	14
13	00:32,73	01:12,90	02:38,72	05:34,03	11:34,62	23:06,75	00:41,49	01:31,11	03:16,16	00:35,44	01:21,04	03:08,75	00:37,90	01:22,69	02:59,61	02:59,56	06:16,23	13
12	00:33,19	01:13,91	02:40,94	05:38,70	11:44,31	23:26,10	00:42,07	01:32,38	03:18,89	00:35,94	01:22,18	03:11,38	00:38,43	01:23,84	03:02,12	03:02,06	06:21,48	12
11	00:33,65	01:14,93	02:43,15	05:43,36	11:54,01	23:45,45	00:42,65	01:33,65	03:21,63	00:36,43	01:23,31	03:14,02	00:38,96	01:25,00	03:04,62	03:04,57	06:26,73	11
10	00:34,10	01:15,95	02:45,37	05:48,02	12:03,70	24:04,80	00:43,23	01:34,92	03:24,37	00:36,93	01:24,44	03:16,65	00:39,49	01:26,15	03:07,13	03:07,07	06:31,98	10
9	00:34,56	01:16,96	02:47,58	05:52,68	12:13,39	24:24,15	00:43,81	01:36,19	03:27,10	00:37,42	01:25,57	03:19,28	00:40,02	01:27,30	03:09,64	03:09,58	06:37,23	9
8	00:35,02	01:17,98	02:49,80	05:57,34	12:23,08	24:43,50	00:44,39	01:37,46	03:29,84	00:37,92	01:26,70	03:21,92	00:40,55	01:28,46	03:12,14	03:12,08	06:42,48	8
7	00:35,47	01:19,00	02:52,01	06:02,00	12:32,78	25:02,85	00:44,97	01:38,73	03:32,58	00:38,41	01:27,83	03:24,55	00:41,08	01:29,61	03:14,65	03:14,59	06:47,73	7
6	00:35,93	01:20,02	02:54,23	06:06,66	12:42,47	25:22,20	00:45,55	01:40,00	03:35,31	00:38,90	01:28,96	03:27,18	00:41,61	01:30,77	03:17,15	03:17,10	06:52,98	6
5	00:36,39	01:21,03	02:56,44	06:11,32	12:52,16	25:41,55	00:46,13	01:41,28	03:38,05	00:39,40	01:30,09	03:29,82	00:42,14	01:31,92	03:19,66	03:19,60	06:58,23	5
4	00:36,84	01:22,05	02:58,66	06:15,98	13:01,85	26:00,90	00:46,71	01:42,55	03:40,79	00:39,89	01:31,22	03:32,45	00:42,66	01:33,07	03:22,17	03:22,11	07:03,48	4
3	00:37,30	01:23,07	03:00,87	06:20,64	13:11,55	26:20,25	00:47,28	01:43,82	03:43,53	00:40,39	01:32,35	03:35,09	00:43,19	01:34,23	03:24,67	03:24,61	07:08,73	3
2	00:37,76	01:24,08	03:03,09	06:25,31	13:21,24	26:39,60	00:47,86	01:45,09	03:46,26	00:40,88	01:33,48	03:37,72	00:43,72	01:35,38	03:27,18	03:27,12	07:13,98	2
1	00:38,21	01:25,10	03:05,30	06:29,97	13:30,93	26:58,95	00:48,44	01:46,36	03:49,00	00:41,38	01:34,61	03:40,35	00:44,25	01:36,53	03:29,69	03:29,62	07:19,22	1

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⁵ Die Disziplin 1500F ist statistisch unzureichend gesichert und sollte zur Leistungseinschätzung nicht herangezogen werden.

Punktabelle weiblich, Altersklasse 11

Strecke Punkte	Freestyle						Breaststroke			Butterfly			Backstroke			Medley		Pkt
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	200	400	
20	00:27,92	01:01,30	02:12,88	04:42,56	09:41,83	19:03,97	00:35,46	01:16,96	02:46,93	00:29,73	01:07,93	02:32,47	00:31,76	01:08,88	02:28,72	02:30,36	05:19,37	20
19	00:28,35	01:02,25	02:14,94	04:46,93	09:50,82	19:21,66	00:36,01	01:18,15	02:49,51	00:30,19	01:08,98	02:34,83	00:32,25	01:09,94	02:31,02	02:32,68	05:24,31	19
18	00:28,78	01:03,20	02:16,99	04:51,30	09:59,82	19:39,35	00:36,56	01:19,34	02:52,09	00:30,65	01:10,03	02:37,19	00:32,74	01:11,01	02:33,32	02:35,01	05:29,25	18
17	00:29,21	01:04,15	02:19,04	04:55,67	10:08,82	19:57,04	00:37,11	01:20,53	02:54,67	00:31,11	01:11,08	02:39,55	00:33,23	01:12,08	02:35,62	02:37,34	05:34,19	17
16	00:29,64	01:05,10	02:21,10	05:00,04	10:17,81	20:14,73	00:37,66	01:21,72	02:57,25	00:31,57	01:12,13	02:41,91	00:33,72	01:13,14	02:37,92	02:39,66	05:39,13	16
15	00:30,08	01:06,04	02:23,15	05:04,41	10:26,81	20:32,42	00:38,21	01:22,91	02:59,83	00:32,03	01:13,18	02:44,26	00:34,21	01:14,21	02:40,22	02:41,99	05:44,07	15
14	00:30,51	01:06,99	02:25,21	05:08,78	10:35,81	20:50,11	00:38,75	01:24,10	03:02,42	00:32,49	01:14,23	02:46,62	00:34,70	01:15,27	02:42,52	02:44,31	05:49,01	14
13	00:30,94	01:07,94	02:27,26	05:13,15	10:44,81	21:07,80	00:39,30	01:25,29	03:05,00	00:32,95	01:15,28	02:48,98	00:35,20	01:16,34	02:44,82	02:46,64	05:53,94	13
12	00:31,37	01:08,89	02:29,32	05:17,52	10:53,80	21:25,49	00:39,85	01:26,48	03:07,58	00:33,41	01:16,33	02:51,34	00:35,69	01:17,40	02:47,12	02:48,96	05:58,88	12
11	00:31,80	01:09,84	02:31,37	05:21,89	11:02,80	21:43,18	00:40,40	01:27,67	03:10,16	00:33,87	01:17,38	02:53,69	00:36,18	01:18,47	02:49,42	02:51,29	06:03,82	11
10	00:32,23	01:10,78	02:33,43	05:26,26	11:11,80	22:00,87	00:40,95	01:28,86	03:12,74	00:34,33	01:18,43	02:56,05	00:36,67	01:19,53	02:51,72	02:53,61	06:08,76	10
9	00:32,67	01:11,73	02:35,48	05:30,63	11:20,80	22:18,56	00:41,50	01:30,05	03:15,32	00:34,79	01:19,48	02:58,41	00:37,16	01:20,60	02:54,02	02:55,94	06:13,70	9
8	00:33,10	01:12,68	02:37,54	05:35,00	11:29,79	22:36,25	00:42,04	01:31,24	03:17,90	00:35,25	01:20,53	03:00,77	00:37,65	01:21,66	02:56,32	02:58,26	06:18,64	8
7	00:33,53	01:13,63	02:39,59	05:39,36	11:38,79	22:53,94	00:42,59	01:32,43	03:20,48	00:35,71	01:21,58	03:03,13	00:38,14	01:22,73	02:58,62	03:00,59	06:23,58	7
6	00:33,96	01:14,58	02:41,65	05:43,73	11:47,79	23:11,63	00:43,14	01:33,62	03:23,07	00:36,17	01:22,64	03:05,48	00:38,63	01:23,79	03:00,92	03:02,91	06:28,52	6
5	00:34,39	01:15,52	02:43,70	05:48,10	11:56,78	23:29,32	00:43,69	01:34,81	03:25,65	00:36,63	01:23,69	03:07,84	00:39,12	01:24,86	03:03,22	03:05,24	06:33,45	5
4	00:34,82	01:16,47	02:45,76	05:52,47	12:05,78	23:47,01	00:44,24	01:36,00	03:28,23	00:37,09	01:24,74	03:10,20	00:39,62	01:25,92	03:05,52	03:07,56	06:38,39	4
3	00:35,26	01:17,42	02:47,81	05:56,84	12:14,78	24:04,70	00:44,79	01:37,19	03:30,81	00:37,55	01:25,79	03:12,56	00:40,11	01:26,99	03:07,82	03:09,89	06:43,33	3
2	00:35,69	01:18,37	02:49,87	06:01,21	12:23,78	24:22,39	00:45,33	01:38,38	03:33,39	00:38,01	01:26,84	03:14,92	00:40,60	01:28,05	03:10,12	03:12,21	06:48,27	2
1	00:36,12	01:19,32	02:51,92	06:05,58	12:32,77	24:40,08	00:45,88	01:39,57	03:35,97	00:38,47	01:27,89	03:17,27	00:41,09	01:29,12	03:12,42	03:14,54	06:53,21	1

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Punktabelle weiblich, Altersklasse 12

Strecke Punkte	Freestyle						Breaststroke			Butterfly			Backstroke			Medley		Pkt
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	200	400	
20	00:26,84	00:58,41	02:07,74	04:28,43	09:18,39	17:56,59	00:33,55	01:13,91	02:38,52	00:28,56	01:04,36	02:22,79	00:30,33	01:05,13	02:21,19	02:22,66	05:04,16	20
19	00:27,25	00:59,32	02:09,71	04:32,58	09:27,03	18:13,24	00:34,07	01:15,06	02:40,97	00:29,00	01:05,35	02:25,00	00:30,80	01:06,13	02:23,38	02:24,86	05:08,87	19
18	00:27,67	01:00,22	02:11,69	04:36,73	09:35,66	18:29,89	00:34,59	01:16,20	02:43,42	00:29,44	01:06,35	02:27,21	00:31,27	01:07,14	02:25,56	02:27,07	05:13,57	18
17	00:28,09	01:01,12	02:13,67	04:40,88	09:44,29	18:46,54	00:35,11	01:17,34	02:45,87	00:29,88	01:07,35	02:29,42	00:31,74	01:08,15	02:27,74	02:29,28	05:18,27	17
16	00:28,50	01:02,03	02:15,64	04:45,03	09:52,93	19:03,19	00:35,63	01:18,49	02:48,32	00:30,32	01:08,34	02:31,63	00:32,21	01:09,15	02:29,93	02:31,48	05:22,98	16
15	00:28,92	01:02,93	02:17,62	04:49,18	10:01,56	19:19,84	00:36,15	01:19,63	02:50,77	00:30,76	01:09,34	02:33,83	00:32,68	01:10,16	02:32,11	02:33,69	05:27,68	15
14	00:29,33	01:03,83	02:19,59	04:53,33	10:10,20	19:36,48	00:36,67	01:20,77	02:53,23	00:31,21	01:10,33	02:36,04	00:33,15	01:11,17	02:34,29	02:35,89	05:32,38	14
13	00:29,75	01:04,74	02:21,57	04:57,48	10:18,83	19:53,13	00:37,18	01:21,92	02:55,68	00:31,65	01:11,33	02:38,25	00:33,62	01:12,18	02:36,48	02:38,10	05:37,09	13
12	00:30,16	01:05,64	02:23,54	05:01,64	10:27,47	20:09,78	00:37,70	01:23,06	02:58,13	00:32,09	01:12,32	02:40,46	00:34,08	01:13,18	02:38,66	02:40,31	05:41,79	12
11	00:30,58	01:06,54	02:25,52	05:05,79	10:36,10	20:26,43	00:38,22	01:24,20	03:00,58	00:32,53	01:13,32	02:42,67	00:34,55	01:14,19	02:40,84	02:42,51	05:46,49	11
10	00:30,99	01:07,45	02:27,49	05:09,94	10:44,74	20:43,08	00:38,74	01:25,34	03:03,03	00:32,97	01:14,31	02:44,88	00:35,02	01:15,20	02:43,03	02:44,72	05:51,20	10
9	00:31,41	01:08,35	02:29,47	05:14,09	10:53,37	20:59,73	00:39,26	01:26,49	03:05,48	00:33,41	01:15,31	02:47,08	00:35,49	01:16,20	02:45,21	02:46,92	05:55,90	9
8	00:31,82	01:09,25	02:31,44	05:18,24	11:02,01	21:16,37	00:39,78	01:27,63	03:07,93	00:33,86	01:16,30	02:49,29	00:35,96	01:17,21	02:47,39	02:49,13	06:00,61	8
7	00:32,24	01:10,16	02:33,42	05:22,39	11:10,64	21:33,02	00:40,30	01:28,77	03:10,38	00:34,30	01:17,30	02:51,50	00:36,43	01:18,22	02:49,58	02:51,34	06:05,31	7
6	00:32,65	01:11,06	02:35,39	05:26,54	11:19,28	21:49,67	00:40,82	01:29,92	03:12,84	00:34,74	01:18,29	02:53,71	00:36,90	01:19,23	02:51,76	02:53,54	06:10,01	6
5	00:33,07	01:11,96	02:37,37	05:30,69	11:27,91	22:06,32	00:41,34	01:31,06	03:15,29	00:35,18	01:19,29	02:55,92	00:37,37	01:20,23	02:53,94	02:55,75	06:14,72	5
4	00:33,48	01:12,87	02:39,34	05:34,84	11:36,55	22:22,97	00:41,85	01:32,20	03:17,74	00:35,62	01:20,28	02:58,12	00:37,84	01:21,24	02:56,13	02:57,95	06:19,42	4
3	00:33,90	01:13,77	02:41,32	05:38,99	11:45,18	22:39,62	00:42,37	01:33,35	03:20,19	00:36,06	01:21,28	03:00,33	00:38,31	01:22,25	02:58,31	03:00,16	06:24,12	3
2	00:34,31	01:14,67	02:43,30	05:43,15	11:53,82	22:56,26	00:42,89	01:34,49	03:22,64	00:36,51	01:22,27	03:02,54	00:38,77	01:23,25	03:00,49	03:02,37	06:28,83	2
1	00:34,73	01:15,58	02:45,27	05:47,30	12:02,45	23:12,91	00:43,41	01:35,63	03:25,09	00:36,95	01:23,27	03:04,75	00:39,24	01:24,26	03:02,68	03:04,57	06:33,53	1

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Punktabelle weiblich, Altersklasse 13

Strecke Punkte	Freestyle						Breaststoke			Butterfly			Backstoke			Medley		Pkt
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	200	400	
20	00:25,90	00:56,44	02:02,22	04:17,95	08:52,48	17:11,51	00:32,66	01:10,98	02:32,90	00:27,42	01:01,09	02:16,18	00:29,33	01:03,02	02:16,24	02:18,05	04:51,74	20
19	00:26,30	00:57,32	02:04,11	04:21,94	09:00,72	17:27,46	00:33,16	01:12,08	02:35,27	00:27,85	01:02,04	02:18,28	00:29,79	01:04,00	02:18,34	02:20,19	04:56,25	19
18	00:26,70	00:58,19	02:06,00	04:25,93	09:08,95	17:43,41	00:33,67	01:13,18	02:37,63	00:28,27	01:02,98	02:20,39	00:30,24	01:04,97	02:20,45	02:22,32	05:00,76	18
17	00:27,10	00:59,06	02:07,89	04:29,92	09:17,18	17:59,36	00:34,18	01:14,28	02:39,99	00:28,69	01:03,92	02:22,50	00:30,69	01:05,94	02:22,56	02:24,45	05:05,27	17
16	00:27,50	00:59,94	02:09,78	04:33,91	09:25,42	18:15,31	00:34,68	01:15,38	02:42,36	00:29,12	01:04,87	02:24,60	00:31,15	01:06,92	02:24,66	02:26,59	05:09,78	16
15	00:27,90	01:00,81	02:11,67	04:37,90	09:33,65	18:31,26	00:35,19	01:16,47	02:44,72	00:29,54	01:05,81	02:26,71	00:31,60	01:07,89	02:26,77	02:28,72	05:14,29	15
14	00:28,30	01:01,68	02:13,56	04:41,89	09:41,89	18:47,21	00:35,69	01:17,57	02:47,09	00:29,97	01:06,76	02:28,81	00:32,05	01:08,87	02:28,88	02:30,86	05:18,81	14
13	00:28,70	01:02,55	02:15,45	04:45,87	09:50,12	19:03,17	00:36,20	01:18,67	02:49,45	00:30,39	01:07,70	02:30,92	00:32,51	01:09,84	02:30,98	02:32,99	05:23,32	13
12	00:29,10	01:03,43	02:17,34	04:49,86	09:58,36	19:19,12	00:36,70	01:19,77	02:51,82	00:30,81	01:08,65	02:33,03	00:32,96	01:10,82	02:33,09	02:35,13	05:27,83	12
11	00:29,50	01:04,30	02:19,23	04:53,85	10:06,59	19:35,07	00:37,21	01:20,86	02:54,18	00:31,24	01:09,59	02:35,13	00:33,42	01:11,79	02:35,20	02:37,26	05:32,34	11
10	00:29,90	01:05,17	02:21,12	04:57,84	10:14,82	19:51,02	00:37,71	01:21,96	02:56,55	00:31,66	01:10,54	02:37,24	00:33,87	01:12,77	02:37,30	02:39,40	05:36,85	10
9	00:30,30	01:06,05	02:23,01	05:01,83	10:23,06	20:06,97	00:38,22	01:23,06	02:58,91	00:32,09	01:11,48	02:39,34	00:34,32	01:13,74	02:39,41	02:41,53	05:41,36	9
8	00:30,71	01:06,92	02:24,90	05:05,82	10:31,29	20:22,92	00:38,72	01:24,16	03:01,27	00:32,51	01:12,43	02:41,45	00:34,78	01:14,72	02:41,52	02:43,67	05:45,87	8
7	00:31,11	01:07,79	02:26,79	05:09,81	10:39,53	20:38,87	00:39,23	01:25,25	03:03,64	00:32,93	01:13,37	02:43,55	00:35,23	01:15,69	02:43,62	02:45,80	05:50,39	7
6	00:31,51	01:08,66	02:28,68	05:13,80	10:47,76	20:54,82	00:39,73	01:26,35	03:06,00	00:33,36	01:14,32	02:45,66	00:35,68	01:16,66	02:45,73	02:47,94	05:54,90	6
5	00:31,91	01:09,54	02:30,57	05:17,79	10:56,00	21:10,77	00:40,24	01:27,45	03:08,37	00:33,78	01:15,26	02:47,77	00:36,14	01:17,64	02:47,84	02:50,07	05:59,41	5
4	00:32,31	01:10,41	02:32,46	05:21,78	11:04,23	21:26,73	00:40,74	01:28,55	03:10,73	00:34,21	01:16,21	02:49,87	00:36,59	01:18,61	02:49,94	02:52,21	06:03,92	4
3	00:32,71	01:11,28	02:34,35	05:25,76	11:12,46	21:42,68	00:41,25	01:29,65	03:13,10	00:34,63	01:17,15	02:51,98	00:37,04	01:19,59	02:52,05	02:54,34	06:08,43	3
2	00:33,11	01:12,16	02:36,24	05:29,75	11:20,70	21:58,63	00:41,75	01:30,74	03:15,46	00:35,05	01:18,10	02:54,08	00:37,50	01:20,56	02:54,16	02:56,48	06:12,94	2
1	00:33,51	01:13,03	02:38,13	05:33,74	11:28,93	22:14,58	00:42,26	01:31,84	03:17,83	00:35,48	01:19,04	02:56,19	00:37,95	01:21,54	02:56,26	02:58,61	06:17,45	1

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